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Understanding the efficacy of medicine prescribed by a doctor is absolutely necessary for a patient in order to receive reasonable medical treatment expected.

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To begin with, I'd like you to deeply think the following matter, "there is no appropriate medicine for a person who doesn't understand the efficacy of it."

Do you surely recognize and discern the value of the things in your daily life? Don't you have some misunderstanding of the things you experience upon occasion?

It is obviously true that "to have some knowledge superficially" is different from "to understand the value of the things."

Needless to say, everyone faces some difficulties in his/her life. It goes without saying that facing difficulties is unavoidable for all of human beings who dwell in this material world.

No one on this planet can do anything perfectly. Therefore, it is a very natural thing for you to commit a mistake as an imperfect existent here on this planet.

In the process to substantially experience a certain difficulty, there is a certain way to overcome it all the time. I'd like you all to think this matter together with me here.

It is obviously true that your difficulty fundamentally exists in your will itself. The difficulty you face is the difficulty you happen to inevitably experience as your fate. In other words, the difficulty you have is a matter of inevitability. This means you have your difficulty in your will “internally.”

As the proverb goes, “Where there is a will, there is a way.” As long as you ardently desire to live well as a “genuine” human being, there is a good medicine for you. Medicine you take gives you great strength to live meaningfully every day as a “genuine” human being.

On the other hand, I Toshiyuki Namai diaphanously tell you that “there is no effective medicine justly prescribed by a doctor for a patient who doesn’t understand the efficacy of it.”

There is an appropriate and effective medicine for a patient who has a constructively vigorous will in order to live well by taking it as a “genuine” human being. Medicine naturally affects those patients who are positive and zealous to live well very much based upon healthy mentality human beings intrinsically should have.

This is a “natural law” in the whole world civilized here on this planet. Medicine shall be rationally taken at your discretion adequately all the time for your healthy sake.

If you are already “mature enough” to surely discern and understand the things including the efficacy of medicine, you shall have “proper medical attention” anytime anywhere in the whole of your life. Because you certainly understand the value of medicine given to some extent through your maturity as an individual cultured.

Accordingly, you should not be a person who is full of conceit in his/her mentality. Because such conceit in the presence of medical practice inevitably dulls the efficacy of medicine more than you ignorantly imagine (ironically speaking, “Ignorance is bliss”).

Essentially speaking, everything goes athwart, if you have twisted or morbid mental structure in front of medicine itself. There is a matter of degree in it. However, it is the truth in medical practice in this what is called “man-made’ civilized world.”

Nothing is free in this material world “poisoned.” You’ve got to pay the “price” for having your proper medical attention all the time. It is natural to say that you’ve got to be humble enough in the presence of medicine given. To do so shall be gravely interpreted as your “price” you are mentally bound to pay for you to reasonably receive what you need clinically for your health expected.

No human lives without blood. Artery ramifies into a network of veins. Medicine doesn’t work well without such basic physical condition given. As a matter of reality, medical practice is justly conducted based upon that.

Free ride without introspection shall not be taken in clinical practice irrationally. Humbleness in the presence of medicine is indispensable for both medical practitioners and patients for the sake of righteous clinical practice truly civilized.

No medical doctor clinically eviscerates anything necessary for his/her medical treatment required.

No patient is stone-blind in his/her clinical indispensability without a doubt. Because such indispensability for him/her necessarily subsists as it is at all times in accordance with “natural law.”