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The ultimate spiritual state in Japanese culture, the state of astringency

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You are this time guided to gradually pursue the ultimate spiritual state in Japanese culture and eventually reach it in the future for your sake.

As a Japanese national who is ardently proud of “Japanese culture” yourself, I Toshiyuki Namai give you the appropriate instruction for your fruitful cultural sake now and in the future.

In order to profoundly appreciate two Japanese aesthetic states already introduced, what is called “subtle taste” and “elegant simplicity,” you are now guided to tranquilly and sentiently taste “simple but delicate flavor of astringency” as the ultimate taste through having the experience of eating a piece of bean curd with spring onion and ginger.

The aforementioned cuisine is as follows:

Pièce de résistance shall be the one which is a piece of bean curd (needless to say, a simple one is absolutely beautiful) with spring onion sharply cut and ginger suitably ground in accordance with traditional Japanese cuisine. Usually, people in Japan call it

“hiyayakko” as a piece of cold bean curd (a piece of cold tofu).

Through experiencing a piece of bean curd in the elegant mood of tranquility, you will be feeling “something essential” as a matter of convergence substantially derived from life experience in your heart and hopefully in your spirit.

“Astringency” is crossculturally recognized and gracefully appreciated as the ultimate Japanese aesthetic value through experiencing tasting “multitudinous astringent and bitter tastes” physically and spiritually throughout the whole of your life.

It goes without saying that this is not a matter of abstract concept but a matter of the very delicate experience of life through feeling a sense of transience in consideration of the existence of the immense distances of space.

In the definition Toshiyuki Namai rationally defines, the concept of astringency is interpreted as a “metaphor” in order to taste the ultimate spiritual state not only aesthetically but metaphysically.

You are guided to know that real gorgeousness in a sense of beauty itself is appreciated through subtilizing a profound aesthetic state in your spirit. I hope that you eventually achieve the comprehensive grasp of the ultimate beauty through tasting this profound cultural flavor, “astringency.”

The taste of astringency can be gracefully tasted as the very subtilization of subtilization in your spirit. It is not a matter of taste simply but the “ultimate aesthetic value” based upon life experience you got until now.

The vicissitudes of your long career engender the vital potential for you to minutely feel and grasp the very essence of the things through experiencing the very state of astringency crossculturally introduced.